Tiny goals and time blocks to finish more projects

Project an	nd Deadline				
Craft Project	:				Deadline (date):
Why this pro	ject matters (one ser	ntence):			
Pick One	Tiny Goal for To	day			
• Choose on	e simple step you ca	n finish today.			
Knit 5 ro	ows				
Spend 1	5 minutes on one qu	ilt block			
Cut all p	ieces for one pouch				
My tiny goal:					
Pomodoro	o Time Blocks T	his Week			
• Mark one c	heckbox per focused	l block (about 2	5 minutes).		
Day	Block 1	Block 2	Block 3	Block 4	
Mon					
Tue					
Wed					
Thu					
Fri					
Sat					
Sun					

SMART goals and a friendly deadline

SMART Goal	Builder			
Specific (what expecific to the second content of the second	xactly will I finish?)			
Measurable (hove	w will I know it is done?)			
Attainable (can I	do this with my time and too	ols?)		
Relevant (why d	oes it matter now?)			
• Time-bound (by	whon?)			
Time-board (by	wileit:)			
External Dead	lline			
	nd set the date. Work backw			
Birthday	Holiday	Baby Shower	Craft Fair	Other
Event Date:		Event Notes:		

Work-back plan (4 weeks)

Work-Back Plan	n (4 Weeks)
Week 1 date range:	
Task 1:	
Task 2:	
Task 3:	
Week 2 date range:	
Task 1:	
Task 2:	
Task 3:	
Week 3 date range:	
Task 1:	
Task 2:	
Task 3:	
Week 4 date range:	
Task 1:	
Task 2:	
Task 3:	

Track progress and celebrate small wins

Progress Track	ker (Check ead	ch day you c	raft)				
Week / Day	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							
Milestones and	l Rewards						
Milestone			Reward				Claime
Weekly Review	1						
Wins this week:							
What got in the wa	v:						
3	,						
Next steps:							

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Batch tasks, quick crafts, and accountability

Batch Plan • Group similar steps to save time an	d energy.			
Cut pieces		Iro	n seams	
Other:				
Quick Craft Queue (30–60 mi	inutes)			
Idea		Est. Time	Materials	Do
] [
] [
			J [
Craft-Along Accountability				
Group or Friend:				
Platform (e.g., Zoom, Discord):				
Check-in day & time:				
Pattern/Project:		-		
Meeting link:				