

Quick Routine

1) Pick a 20 minute block

to

2) Choose one adult project and one child task

Adult Project:

Child Task:

3) End with a two minute tidy

Notes and Small Wins

Today's Focus

What went well

What to try next time

Set Up Your Kid Craft Corner

Low table or tray

Washable markers

Crayons

Kid safety scissors

Glue stick

Cardstock & paper scraps

Stickers & washi tape

Pom poms & pipe cleaners

Small bin for trash

Damp cloth for hands

Supply caddy

Shallow tray

House Rules (Keep It Simple)

Sit while cutting

Ask before using glue

Cap markers when done



Pair Your Tasks

Adult Project

Child Mirror Task

Examples

- You sew a tote; child decorates a felt rectangle
- You cut cotton squares; child punches paper squares
- You measure a hem; child measures ribbon and tapes to paper
- You plan a layout; child sorts buttons by color

Materials Checklist

Fabric scraps

Cardstock

Felt rectangles

Buttons

Chunky cord or yarn

Plastic needle (kids)

Paper punch

Glue stick

Stickers & stamps

Ruler & tape

30-Minute Session Plan

0–5 Set up stations

5–20 Work side by side (mirror method)

20–25 Show and tell

25–30 Two minute tidy

Today's highlight

Busy Bin (Pull Out Only During Sewing Time)

Stickers + coloring pages

Felt board shapes

New puzzle

Foam stamps + ink pad

Beads + cord (large)

Button sorting

Safety Check (Two-Minute Scan)

Sharp tools out of reach

Iron unplugged until ready

Tiny parts for older kids only

Clear path around chair