

Quick Room Plan

Room		Budget (\$)		Date		
Color Plan	Main 1	Main 2	Accent	Try a color wheel		
Style	Rustic	Modern	Minimal	Cozy	Boho	Scandi
First Focus Area	Wall	Shelf	Sofa/Bed	Entry	Tabletop	

1-Hour Room Lift Checklist

- Clear one surface (coffee table or dresser)
- Add a tray, two books, and a small plant or jar
- Swap pillow covers (no-sew shirt pillows)
- Hang one framed print with damage-free strips
- Place a small twig and cone garland on a shelf

[How to use damage-free strips](#)

Free & Cheap Materials

Sources Home Stash (jars, shirts, scrap wood, fabric) [ref](#)
Nature (twigs, pinecones) — clean & dry [ref](#)
Thrift Frames / Reuse Old Frames [ref](#)
Free Pallets (HT/KD only; avoid MB) [ref](#)

Materials Log

Item	Qty	Prepped	Cost (\$)	Notes

Pallet safety: Use HT or KD stamps. Avoid MB.

[Stamp guide](#)

Total Spent (\$)

Project 1: Rustic Twig & Pinecone Garland

Materials

Cleaning pinecones

Clean and dry pinecones

Cut string to length

Tie twigs along string

Glue loops to cones

Hang across shelf or wall

Drop a photo here

Project 2: Frame Free Museum Art

Download art

[The Met Open Access](#)

[National Gallery of Art](#)

Materials

Download public domain print

Print on heavy paper

Tape or mount in frame

Hang as a group of 3

Project 3: No-Sew Pillow Covers (Old Shirts)

Hang Without Damage

Materials

Cut two fabric squares
Seal three sides (tape or glue)
Turn inside out
Insert pillow and seal

Use damage-free strips (weight limits)

Clean wall and frame surfaces

Press and hold as directed

Command by 3M

Style Formula

Two base colors + one accent

Repeat textures (wood, jute, linen)

Group items by three

Add height with books or plants

Leave white space

Shop your home first

Project 4: Fabric Hoop Art

Materials

Stretch fabric in hoop
Trim fabric on back
Group 3 hoops on wall

Budget Log

Date	Item	Cost (\$)	Notes

Total (\$)

Under budget?

Crafting on a Budget (Trusti ASG)

Fast Craft Ideas (Trusti ASG)

Craft Storage Ideas (Trusti ASG)