

A Day-by-Day Plan — Project Overview

Project Overview

Project Title

One-Sentence Goal (what are you making?)

Define the Finish Line

What does DONE look like? (wash, label, hem, photos printed, etc.)

Quick Supplies Check

Must-Have Supplies

Nice-to-Have / Optional

A Day-by-Day Plan — 7-Day Micro Schedule

7-Day Micro Schedule (copy this for quilt, scrapbook, or costume)

Day 1 Plan

Today's Mini-Goal

Planned Time (min):

Day 2 Prep

Today's Mini-Goal

Planned Time (min):

Day 3 Cut

Today's Mini-Goal

Planned Time (min):

Day 4 Piece A

Today's Mini-Goal

Planned Time (min):

Day 5 Piece B

Today's Mini-Goal

Planned Time (min):

Day 6 Assemble

Today's Mini-Goal

Planned Time (min):

Day 7 Finish

Today's Mini-Goal

Planned Time (min):

A Day-by-Day Plan — Phases & Checklists

Divide Into Phases

Plan

Pick pattern or concept
Measure space/body
Choose fabrics/papers
List supplies

Notes



Prep

Wash/press fabric
Print/trim photos
Wind bobbins
Pre-cut key pieces

Notes



Build

Sew blocks / assemble pages
Press seams
Fit and join parts
Join rows / sections

Notes



Finish

Quilt and bind / final assembly
Add journaling & embellishments
Hem & press
Label & wash

Notes



A Day-by-Day Plan — Time Blocks & Logs

Block Your Time

10 minutes setup/cleanup

15 minutes cutting/chain piece

20 minutes press/join row

30 minutes assemble/fit

Session Log (repeat rows as needed)

Troubleshooting & Wins

Stuck On / Issues

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Small Wins Today

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Next Step (write one clear action before you stop)

Next Step

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Project Journal

Notes (needle size, stitch length, adjustments, sources)

Master Checklist

- Sort fabric by color

Cut only what you will sew today

Sew one set of blocks/pages
- Press and trim

Join one row/section

Baste or assemble layers
- Quilt or final assembly

Attach binding/edges

Label and wash/pack