

Micro-Crafting in 15 Minutes or Less - Quick Start Planner

Today's Tiny Task

Describe one small step you will finish in 15 minutes or less:

Timer and Pocket of Time

Choose your timer:

5 minutes

10 minutes

15 minutes

Pick your pocket of time:

Morning

Lunch

Afternoon

Evening

Other:

Step 1

Step 2

Step 3

Time Log and Today's Win

Start time

Stop time

Total minutes

Today's win

This Week - Micro Sessions Log

Log up to twelve short sessions this week. Keep each entry under 15 minutes.

Date	Slot	Task	Minutes	Done

Notes and Ideas

30 Tiny Tasks Checklist

Sewing and Quilting

- Sew one straight seam
- Press the seam you sewed
- Chain-piece patch units
- Cut four small squares
- Wind a bobbin
- Backstitch practice on scrap
- Pin pieces for next seam
- Trim loose threads
- Fuse a small patch
- Make a test swatch

Paper Crafts and Scrapbooks

- Glue three photos
- Punch shapes by color
- Stamp three card fronts
- Cut two photo mats
- Add washi borders
- Write quick journaling note

Design, Prep, and Organize

- Sketch 2 inch design
- Mini color plan with four swatches
- Write tomorrow's step
- Tidy your kit

Yarn and Needlework

- Knit five rows
- Start tiny crochet motif
- Weave in ends
- Block a small swatch
- Make a mini pom pom

Fabric Crafts and Mending

- Iron on a patch
- Hand sew a button
- Mark a hem line
- Cut pouch panel
- Baste a zipper

7-Day Quick Craft Sprint

Day 1

Tiny step:

Prep for tomorrow:

Win:

Minutes:

5

10

15

Day 2

Tiny step:

Prep for tomorrow:

Win:

Minutes:

5

10

15

Day 3

Tiny step:

Prep for tomorrow:

Win:

Minutes:

5

10

15

Day 4

Tiny step:

Prep for tomorrow:

Win:

Minutes:

5

10

15

Day 5

Tiny step:

Prep for tomorrow:

Win:

Minutes:

5

10

15

Day 6

Tiny step:

Prep for tomorrow:

Win:

Minutes:

5

10

15

Day 7

Tiny step:

Prep for tomorrow:

Win:

Minutes:

5

10

15

Sprint Notes