

Weekend Craft Retreat at Home

Plan • Prepare • Create

Use this planner to turn Saturday and Sunday into a calm craft retreat at home.
Plan your project by Friday night, then follow short work blocks with breaks.

Weekend dates to

Project focus

Why this matters to me

How to Use This Planner

- 1) By Friday 8 pm, pick a tiny project and gather supplies in one bin.
- 2) Write three micro-steps. Set the table with light, timer, and tea.
- 3) Saturday: two to three 25-minute blocks with short breaks.
- 4) Sunday: treat it like a mini workshop. Show up on time.
- 5) After each block, note what you finished and the next step.
- 6) End of weekend: reset, list first step for next weekend.

Saturday time to

Sunday time to

Friday Night Prep: Be Ready to Start

Choose and Prepare

Project name

Pattern or tutorial link/notes

Micro-steps (3 small actions)

Pick one tiny project or part

Wind a bobbin

Print or save pattern, read once

Change dull blade

Gather fabric, thread, glue, paper in one bin

Charge glue gun

Tools tray items

Set Up Space and Time

Clear a flat surface

Saturday first step

Turn on task light

Sunday first step

Phone on Do Not Disturb

Tea or water ready

Chore pairing ideas

Quiet music if helpful

Saturday Schedule: Work Blocks and Breaks

Work Blocks

Warm-up (5 minutes) — tidy table, turn on machine

Done

Block 1 (25 min):

Done

Break

Block 2 (25 min):

Done

Break

Block 3 (25 min):

Done

Break

Reset Space (20 min): put tools back, list next steps for Sunday

Progress Notes

What I finished

Next step for Sunday

Sunday Mini Workshop: Calm and Focused

Show Up Like a Class

Make tea or water, sit at 2:00 pm (or your chosen time)

Start the timer and begin

Block 1 (25 min):

Done

Break

Block 2 (25 min):

Done

Break

Block 3 (25 min):

Done

Break

Clean up (5 min): tidy tools, press, take a photo of progress

Photo saved

Reflect and Set Up Next Weekend

What I finished today

First step next weekend